

CONCEPT CHECK

- Currently, what are the primary classes of antidepressant medications? How does each work? What are the advantages and disadvantages of each?
- In what situations is each of the following techniques most effective in treating depression? What are the advantages and disadvantages of each?
 - ECT
 - VNS
 - TMS
- All of the three psychological therapy approaches—dynamic, cognitive behavioral, and existential-humanistic—described previously have empirically supported therapies for the treatment of depression. Considering each of these approaches, what is the primary focus of the therapy in regard to depression, and what course does the therapy typically follow in providing an effective treatment?
- Relapse of symptoms is a serious problem in the treatment of individuals with depression. What are three specific approaches that have been taken to try to reduce the risk of relapse?